Winter Session 2019-2020 Thursdays 12-3pm

Thursday 12-3 November 28th

No Programming – Thanksgiving

Thursday 12-3 December 5th

12:00- 12:15pm – Daily job assignment and COF Rules/Circle Concept/Fire & Tornado Drill
12:15- 12:45pm – Make and Eat Lunch and Clean up
12:45- 1:00pm – Warm Up with Dancing
1:00- 1:15pm – Volunteering: Placemats
1:15- 1:30pm – Exercise: Abdominal Workout
1:30- 2:00pm – Product Creation: Ornaments
2:00- 2:30pm – So You Think You Can: Dance / Dancing
2:30- 2:45pm – Technology: Journals / Games
2:45- 3:00pm – Cleaning Jobs and Goodbyes

Thursday 12-3 December 12th

12:00- 12:15pm – Daily job assignment
12:15- 12:45pm – Make and Eat Lunch and Clean up
12:45- 1:00pm – Warm Up with Balloon Tennis
1:00- 1:15pm – COF Drumline
1:15- 1:30pm – Exercise: Zumba
1:30- 1:45pm – Volunteer: Holiday Cards / Film NATM Video
1:45- 2:15pm – So You Think You Can: Sing / Karaoke
2:00- 2:30pm – Trivia Series: Singers / Trivia
2:30- 2:45pm – Technology: Journals / Games
2:45- 3:00pm – Cleaning Jobs and Goodbyes

Thursday 12-3 December 19th

12:00- 12:15pm – Daily job assignment
12:15- 12:45pm – Make and Eat Lunch and Clean up
12:45- 1:00pm – Warm Up with Dancing
1:00- 1:15pm – Christmas Songs Karaoke
1:15- 1:30pm – Exercise: Yoga
1:30- 2:00pm – Christmas Music Bingo / Freeze Dance
2:00- 2:30pm – Trivia Series: Astronomy / Trivia
2:30- 2:45pm – Technology: Journals / Games
2:45- 3:00pm – Cleaning Jobs and Goodbyes
Thursday 12-3 December 26th

12:00- 12:15pm – Daily job assignment
12:15- 12:45pm – Make and Eat Lunch and Clean up
12:45- 1:00pm – Warm Up with Question Ball
1:00- 1:15pm – Dreidel
1:15- 1:30pm – Exercise: Pilates
1:30- 2:00pm – So You Think You Can: Paint / Painting
2:00- 2:30pm – Trivia Series: Winter Holidays / Trivia
2:30- 2:45pm – Technology: Journals / Games
2:45- 3:00pm – Cleaning Jobs and Goodbyes

Thursday 12-3 January 2nd

12:00- 12:15pm – Daily job assignment
12:15- 12:45pm – Make and Eat Lunch and Clean up
12:45- 1:00pm – Warm Up with Four Corners
1:00- 1:15pm – Name 3
1:15- 1:30pm – Exercise: Pilates
1:30- 2:00pm – So You Think You Can: Bake / Cupcakes
2:00- 2:30pm – Product Creation: Art
2:30- 2:45pm – Technology: Journals / Games
2:45- 3:00pm – Cleaning Jobs and Goodbyes

Thursday 12-3 January 9th

12:00- 12:15pm – Daily job assignment
12:15- 12:45pm – Make and Eat Lunch and Clean up
12:45- 1:00pm – Warm Up with Red Light / Green Light
1:00- 1:15pm – Silent Circle / Hunt the Object
1:15- 1:30pm – Exercise: Circuit Training
1:30- 2:00pm – Trivia Series: Snack Foods / Trivia
2:00- 2:30pm – Product Creation: Art
2:30- 2:45pm – Technology: Journals / Games
2:45- 3:00pm – Cleaning Jobs and Goodbyes
Thursday 12-3, January 16th:
12:00-12:15pm – Daily job assignment
12:15-12:45pm – Make and Eat Lunch and Clean up
12:45-1:00pm – Warm Up with Freeze Dance
1:00-1:15pm – Volunteering: Ornaments
1:15-1:30pm – Exercise: Yoga
1:30-2:00pm – So You Think You Can: Exercise / Circuit Training
2:00-2:30pm – Product Creation: Art
2:30-2:45pm – Technology: Journals / Games
2:45-3:00pm – Cleaning Jobs and Goodbyes

Thursday 12-3, January 23rd:
12:00-12:15pm – Daily job assignment
12:15-12:45pm – Make and Eat Lunch and Clean up
12:45-1:00pm – Warm Up with Four Corners
1:00-1:15pm – COF Drumline
1:15-1:30pm – Exercise: Pilates
1:30-2:00pm – Product Creation: Flower Pots
2:00-2:30pm – Product Creation: Art
2:30-2:45pm – Technology: Journals / Games
2:45-3:00pm – Cleaning Jobs and Goodbyes

Thursday 12-3, January 30th:
12:00-12:15pm – Daily job assignment
12:15-12:45pm – Make and Eat Lunch and Clean up
12:45-1:00pm – Warm Up with Balloon Tennis
1:00-1:15pm – Volunteering: Placemats
1:15-1:30pm – Exercise: Circuit Training
1:30-2:00pm – Trivia Series: Art History / Trivia
2:00-2:30pm – Product Creation: Art
2:30-2:45pm – Technology: Journals / Games
2:45-3:00pm – Cleaning Jobs and Goodbyes
Thursday 12-3 February 6th:
12:00- 12:15pm – Daily job assignment
12:15- 12:45pm – Make and Eat Lunch and Clean up
12:45- 1:00pm – Warm Up with Dancing
1:00- 1:15pm – Volunteering: Valentine’s Day Cards
1:15- 1:30pm – Exercise: Yoga
1:30- 2:00pm – So You Think You Can: Travel / Scavenger Hunt
2:00- 2:30pm – Product Creation: Cork Coasters
2:30- 2:45pm – Technology: Journals / Games
2:45- 3:00pm – Cleaning Jobs and Goodbyes

Thursday 12-3 February 13th:
12:00- 12:15pm – Daily job assignment
12:15- 12:45pm – Make and Eat Lunch and Clean up
12:45- 1:00pm – Warm Up with Warm Up Dice
1:00- 1:15pm – Love Songs Karaoke
1:15- 1:30pm – Exercise: Zumba
1:30- 2:00pm – Valentine’s Day Mad Libs / Freeze Dance
2:00- 2:30pm – Product Creation: Cork Coasters
2:30- 2:45pm – Technology: Journals / Games
2:45- 3:00pm – Cleaning Jobs and Goodbyes

Thursday 12-3 February 20th:
12:00- 12:15pm – Daily job assignment
12:15- 12:45pm – Make and Eat Lunch and Clean up
12:45- 1:00pm – Warm Up with Dancing
1:00- 1:15pm – Volunteering: Placemats
1:15- 1:30pm – Exercise: Yoga
1:30- 2:00pm – Trivia Series: Disney Movies / Trivia
2:00- 2:30pm – Product Creation: Plant Markers
2:30- 2:45pm – Technology: Finish Journals and Send Home / Games
2:45- 3:00pm – Cleaning Jobs and Goodbyes