Tuesday 9-3  November 26th

9:00– Arrival
9:00- 9:15am – Daily job assignments and COF Rule Review/Circle Concept/Tornado & Fire Drill
9:15 - 9:30am – Warm Up with Dancing
9:30 - 10:00am – Weights
10:00- 10:15am – Snack
10:15- 10:30am – Volunteer: Placemats
10:30-11:00am – Product Creation: Dog Biscuits
11:00- 11:15am – Exercise Around the World: China / Tai Chi
11:15- 11:30am – Product Creation: Ornaments
11:30- 12:00pm – Lunch Prep / Table Games / Relaxation
12:00- 12:15pm – Review Afternoon Schedule
12:15- 12:45pm – Eat Lunch and Clean up
12:45- 1:00pm – Warm Up
1:00- 1:15pm – Exercise: Keep the Balloon Up
1:15- 1:30pm – Secret Ingredient: French / Scavenger Hunt
1:30- 2:00pm – Technology: Journals / Games
2:00-2:45pm – Art with Carol
2:45- 3:00pm – Cleaning Jobs and Goodbyes
Tuesday 9-3 December 3rd:

9:00– Arrival
9:00- 9:15am – Daily job assignment
9:15 - 9:30am – Warm Up with Keep the Balloon Up
9:30- 10:00am – Pilates
10:00- 10:15am – Snack
10:15- 10:30am – Volunteer: Holiday Cards
10:30-11:00am – Product Creation: Dog Biscuits
11:00- 11:30am – What's the Story?: Tom Sawyer / Name That Tune
11:30- 12:00pm – Lunch Prep / Table Games / Relaxation
12:00- 12:15pm – Review Afternoon Schedule
12:15- 12:45pm – Eat Lunch and Clean up
12:45- 1:00pm – Warm Up
1:00- 1:15pm – Exercise: Abdominal Workout
1:15- 1:30pm – Secret Ingredient: Italian / Name That Tune
1:30- 2:00pm – Technology: Journals / Games
2:00-2:45pm – Art with Carol
2:45- 3:00pm – Cleaning Jobs and Goodbyes

Tuesday 9-3 December 10th: Community

9:00– Arrival
9:00- 9:15am – Daily job assignment
9:15 - 9:30am – Warm Up with Four Corners
9:30- 9:45am – Snack and Review Community Rules
9:45- 10:00am – Drive to Arboretum
10:00- 11:00am – Arboretum
11:00- 11:15am – Drive to COF
11:15- 11:30am – Film NATM Video
11:30- 12:00pm – Lunch Prep / Table Games / Relaxation
12:00- 12:15pm – Review Afternoon Schedule
12:15- 12:45pm – Eat Lunch and Clean up
12:45- 1:00pm – Drive to DPCM
1:00- 2:00pm – Volunteer
2:00-2:15pm – Drive to COF
2:15- 2:45pm – Art
2:45- 3:00pm – Cleaning Jobs and Goodbyes
Tuesday 9-3  December 17th: Community

9:00– Arrival
9:00- 9:15am – Daily job assignment
9:15- 9:30am – Warm Up with Question Ball
9:30- 9:45am – Snack and Review Community Rules
9:45- 10:00am – Drive to DPCM
10:00- 11:00am – Volunteer
11:00- 11:15am – Drive to COF
11:15- 11:30am – What’s the Story?: Oliver Twist / Mad Libs
11:30- 12:00pm – Lunch Prep / Table Games / Relaxation
12:00- 12:15pm – Review Afternoon Schedule
12:15- 12:45pm – Eat Lunch and Clean up
12:45- 1:00pm – Drive to MSHV
1:00- 2:00pm – Volunteer
2:00-2:15pm – Drive to COF
2:15- 2:45pm – Art with Carol
2:45- 3:00pm – Cleaning Jobs and Goodbyes

Tuesday 9-3  December 24th:

No Programming: Christmas Eve

Tuesday 9-3  December 31st:

No Programming: New Year’s Eve
Tuesday 9-3   January 7th:

9:00– Arrival
9:00- 9:15am – Daily job assignment
9:15 - 9:30am – Warm Up with This or That
9:30- 10:00am – Circuit Training
10:00- 10:15am – Snack
10:15- 10:30am – Volunteer: SCARCE
10:30- 11:00am – Exercise Around the World: UK / Barre
11:00- 11:30am – Secret Ingredient: Japanese / Matching
11:30- 12:00pm – Lunch Prep / Table Games / Relaxation
12:00- 12:15pm – Review Afternoon Schedule
12:15- 12:45pm – Eat Lunch and Clean up
12:45- 1:00pm – Warm Up
1:00- 1:15pm – Exercise: Yoga
1:15- 1:30pm – What's the Story?: Romeo & Juliet / Matching
1:30- 2:00pm – Games / Technology: Journals
2:00-2:45pm – Art with Carol
2:45- 3:00pm – Cleaning Jobs and Goodbyes

Tuesday 9-3   January 14th: Community

9:00– Arrival
9:00- 9:15am – Daily job assignment
9:15 - 9:30am – Warm Up with Action Squares
9:30- 9:45am – Snack and Review Community Rules
9:45- 10:00am – Drive to Arboretum
10:00- 11:00am – Arboretum
11:00- 11:15am – Drive to COF
11:15- 11:30am – Product Creation: Cork Coasters
11:30- 12:00pm – Lunch Prep / Table Games / Relaxation
12:00- 12:15pm – Review Afternoon Schedule
12:15- 12:45pm – Eat Lunch and Clean up
12:45- 1:00pm – Drive to DPCM
1:00- 2:00pm – Volunteer
2:00-2:15pm – Drive to COF
2:15-2:45pm – Art
2:45- 3:00pm – Cleaning Jobs and Goodbyes
Tuesday 9–3 January 21st

9:00– Arrival
9:00- 9:15am – Daily job assignment
9:15- 9:30am – Warm Up with Red Light, Green Light
9:30- 10:00am – Circuit Training
10:00- 10:15am – Snack
10:15- 10:30am – Volunteer: Placemats
10:30- 11:00am – Product Creation: Flower Pots
11:00- 11:30am – Product Creation: String Bowls
11:30- 12:00pm – Lunch Prep / Table Games / Relaxation
12:00- 12:15pm – Review Afternoon Schedule
12:15- 12:45pm – Eat Lunch and Clean up
12:45- 1:00pm – Warm Up
1:00- 1:15pm – Exercise: Zumba
1:15- 1:30pm – What’s the Story?: Rip Van Winkle / Trivia
1:30- 2:00pm – Games / Technology: Journals
2:00-2:45pm – Art with Carol
2:45- 3:00pm – Cleaning Jobs and Goodbyes

Tuesday 9–3 January 28th Community

9:00– Arrival
9:00- 9:15am – Daily job assignment
9:15- 9:30am – Warm Up with Keep the Balloon Up
9:30- 9:45am – Snack and Review Community Rules
9:45- 10:00am – Drive to DPCM
10:00- 11:00am – Volunteer
11:00- 11:15am – Drive to COF
11:15- 11:30am – Exercise Around the World: Denmark / Zumba
11:30- 12:00pm – Lunch Prep / Table Games / Relaxation
12:00- 12:15pm – Review Afternoon Schedule
12:15- 12:45pm – Eat Lunch and Clean up
12:45- 1:00pm – Drive to MSHV
1:00- 2:00pm – Volunteer
2:00-2:30pm – Drive to Kilwin’s / Dessert
2:30-2:45pm – Drive to COF
2:45- 3:00pm – Cleaning Jobs and Goodbyes
Tuesday 9-3 February 4th

9:00– Arrival
9:00- 9:15am – Daily job assignment
9:15- 9:30am – Warm Up with Question Board
9:30- 10:00am – Weights
10:00- 10:15am – Snack
10:15- 10:30am – Volunteer: Valentine’s Day Cards
10:30- 11:00am – Secret Ingredient: Moroccan / Trivia
11:00- 11:30am – Exercise Around the World: India / Yoga
11:30- 12:00pm – Lunch Prep / Table Games / Relaxation
12:00- 12:15pm – Review Afternoon Schedule
12:15- 12:45pm – Eat Lunch and Clean up
12:45- 1:00pm – Warm Up
1:00- 1:15pm – Exercise: Pilates
1:15- 1:30pm – What’s the Story?: Hunchback / Disney Music Bingo
1:30- 2:00pm – Games / Technology: Journals
2:00-2:45pm – Art with Carol
2:45- 3:00pm – Cleaning Jobs and Goodbyes

Tuesday 9-3 February 11th: Community

9:00– Arrival
9:00- 9:15am – Daily job assignment
9:15- 9:30am – Warm Up with This or That
9:30- 9:45am – Snack and Review Community Rules
9:45- 10:00am – Drive to Arboretum
10:00- 11:00am – Arboretum
11:00- 11:15am – Drive to COF
11:15- 11:30am – Secret Ingredient: English / Build a Burger
11:30- 12:00pm – Lunch Prep / Table Games / Relaxation
12:00- 12:15pm – Review Afternoon Schedule
12:15- 12:45pm – Eat Lunch and Clean up
12:45- 1:00pm – Drive to DPCM
1:00- 2:00pm – Volunteer
2:00-2:15pm – Drive to COF
2:15- 2:45pm – Art
2:45- 3:00pm – Cleaning Jobs and Goodbyes
Tuesday 9-3 February 18th: Community

9:00– Arrival
9:00- 9:15am – Daily job assignment
9:15- 9:30am – Warm Up with Racetrack Game
9:30- 9:45am – Snack / Review Community Rules
9:45- 10:00am – Drive to DPCM
10:00-11:00am – Volunteer
11:00- 11:15am – Drive to COF
11:15- 11:30am – Volunteer: SCARCE
11:30- 12:00pm – Lunch Prep / Table Games / Relaxation
12:00- 12:15pm – Review Afternoon Schedule
12:15- 12:45pm – Eat Lunch and Clean up
12:45- 1:00pm – Drive to MSHV
1:00- 2:00pm – Volunteer
2:00-2:15pm – Drive to COF
2:15-2:45pm – Art with Carol
2:45- 3:00pm – Cleaning Jobs and Goodbyes